

## The sustainable diabetes care model in developing countries put into practice in Tanzania

<b>Drivers</b>	<b>Drivers in Tanzania</b>
Local champions	Prof Andrew Swai and Dr Kaushik Ramaiya of the Tanzania Diabetes Association (TDA) are organising and coordinating diabetes treatment strategy and clinics.
Government political will	The Ministry of Health (MOH) provides political support for diabetes care as well as the basic infrastructure for the diabetes clinics, which are located in public hospitals.
Economic resources	The MOH is providing doctors and nurses for the diabetes clinics. Novo Nordisk, through the National Diabetes Programme and employee fundraising, and the World Diabetes Foundation (WDF) help fund activities.
<b>Diabetes awareness and education</b>	<b>Diabetes awareness and education in Tanzania</b>
Awareness of burden of diabetes	The TDA is advocating the inclusion of diabetes on the list of national health priorities. Novo Nordisk is providing data and expertise to help the TDA prepare documents for discussions with the authorities. TDA has opened new chapters throughout Tanzania with the help of Novo Nordisk's administrative and logistical support.
National plan and strategies	The MOH is considering the development of a national diabetes plan. Novo Nordisk is helping the country with this via its National Diabetes Programme initiative.
Public education programmes for people with diabetes	Modest programmes for educating people with diabetes have started at the national diabetes centre at Muhimbili National Hospital.
Clinical practice guidelines	An African task force has been set up by the International Diabetes Federation (IDF) to develop guidelines for diabetes treatment in sub-Saharan Africa that will be ready in Q1 2004. This project is being funded by the WDF.
Professional continuing medical education programmes	The IDF African task force, funded by the WDF, is developing educational materials to train diabetes educators and other healthcare professionals in sub-Saharan Africa that will be ready in Q2 2004. In Tanzania, Novo Nordisk funds education sessions for doctors and nurses held every three months. About 200 healthcare professionals are expected to be trained by the end of 2004.
<b>Infrastructure</b>	<b>Infrastructure in Tanzania</b>
Accessibility of diabetes care facilities	Establishment of one national diabetes centre and 19 clinics at regional and municipal hospitals. Novo Nordisk supplies standard equipment for five clinics, which became operational in 2003. The 15 clinics funded by the WDF will become operational in 2004. Novo Nordisk also provides expert and technical assistance for planning, organising and managing the diabetes clinics.
Accessibility of medicine and equipment	Novo Nordisk supplies standard equipment for diabetes clinics. Medicine is limited due to pervasive poverty. The TDA is subsidising medicine for the poorest people with diabetes.